

Students

Health Examinations for School Athletic Participation

All participants in middle/high school intramural and interscholastic sports must meet the following prerequisites:

1. A yearly physical examination is required. The proper school forms must be completed and returned to the school before the student may practice or play. If the school nurse determines that a student cannot, for economic or other important reasons, obtain an examination by his/her physician, the school nurse will attempt to make provisions to complete the examination by an Advanced Practical Registered Nurse (APRN) in a CREC school-based health clinic. The medical history and permission forms must be filled out by the parent or guardian before the student will be seen at the CREC school-based health clinic. The student must take the forms to the doctor or nurse.

All sport participation physicals must have been done within the 13 months prior to the beginning of each school year.

2. The interscholastic sports permission form, which includes an important warning statement, must be filled out and signed by both parent or guardian and the prospective student athlete.
3. Emergency medical forms must also be filled out by the parent or guardian. These forms will enable the student athlete to receive medical attention for injury or illness that occurs while participating in school-sponsored activities if the parent cannot be reached to give consent to emergency personnel.

Policy adopted: April 18, 2012
Policy revised: June 15, 2016

CAPITOL REGION EDUCATION COUNCIL
Hartford, CT